

PCL INJURY ASSESSMENT CHART

Posterior Cruciate Ligament Clinical Reference

PATIENT DETAILS

Name: _____

Date: _____

Side: ☐ Left ☐ Right

MECHANISM OF INJURY

Dashboard Impact

Fall on Flexed Knee

Hyperextension Trauma

INJURY GRADING

Grade	Description	Posterior Translation
Grade I	Partial Tear	1 - 5 mm
Grade II	Complete Tear (Isolated)	6 - 10 mm
Grade III	Combined Ligamentous Injury	> 10 mm

CLINICAL TESTS

Posterior Drawer Test ☐ Positive ☐ Negative

Posterior Sag Sign (Godfrey's) ☐ Positive ☐ Negative

Quadriceps Active Test ☐ Positive ☐ Negative

PROVIDER NOTES