

SURFACE ANATOMY OF THE THIGH

Reference Chart & Clinical Landmarks

[Anterior & Posterior Diagram View]

Anterior Landmarks

- Inguinal Ligament (Groin Crease)
- Sartorius Muscle (Oblique Path)
- Rectus Femoris (Central Bulk)
- Vastus Lateralis (Outer Quad)
- Vastus Medialis (Teardrop)
- Patella (Kneecap)

Posterior/Lateral Landmarks

- Gluteal Fold (Lower Buttock)
- Biceps Femoris (Lateral Hamstring)
- Semitendinosus (Medial Hamstring)
- Iliotibial (IT) Band (Lateral Line)
- Greater Trochanter (Hip Bone)
- Popliteal Fossa (Back of Knee)

Clinical Observations

Template Purpose Only • Educational Reference • Thigh Region Anatomical Mapping