

SHOULDER TO ELBOW CLINICAL CHART

Ref: MSK-004

Patient Name: _____

Date of Assessment: _____

Date of Birth: _____

Clinician: _____

MOVEMENT RANGE

ACTIVE ROM (DEG)

PASSIVE ROM (DEG)

PAIN LEVEL (0-10)

Shoulder Flexion

Shoulder Abduction

External Rotation

Elbow Flex/Ext

Anatomical Landmarks & Palpation

AC Joint

Bicipital Groove

Lateral Epicondyle

Rotator Cuff Tendons

Glenohumeral Joint

Medial Epicondyle

Scapular Border

Coracoid Process

Olecranon

Signature: _____

Side: ☐ Left ☐ Right ☐ Bilateral