

LEVATOR ANI MUSCLE GROUP

Anatomical Reference Chart

[Anatomical Illustration: Superior View of Pelvic Floor]

Puborectalis	Posterior surface of pubic bodies	Forms a U-shaped muscular sling around the anorectal junction
Pubococcygeus	Posterior surface of pubic bone	Anococcygeal ligament, coccyx, and pelvic viscera
Iliococcygeus	Tendinous arch of levator ani (ATLA)	Anococcygeal ligament and coccyx

Functional Overview

The Levator Ani group provides primary support to the pelvic viscera, maintains fecal and urinary continence, and resists increases in intra-abdominal pressure.

Medical Reference Template • For Educational Purposes Only • pelvic-anatomy-print-001