

# PERINEAL BODY & PELVIC FLOOR ANATOMY

## KEY STRUCTURES

- 1 Perineal Body (Central Tendon)
  - 2 Levator Ani Muscle Group
  - 3 Pubococcygeus
  - 4 Iliococcygeus
  - 5 Coccygeus (Ischiococcygeus)
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## SUPERFICIAL LAYER

- 6 Bulbospongiosus
  - 7 Ischiocavernosus
  - 8 Superficial Transverse Perineal
  - 9 External Anal Sphincter
  - 10 Urogenital Diaphragm
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## CLINICAL OBSERVATIONS

Entry for muscle tone, scar tissue assessment, or reflexive response notes...

Educational Template Only â€¢ Reference: Gray's Anatomy Standard Positioning