

# SACRAL PLEXUS & PELVIC FLOOR

[ANATOMICAL ILLUSTRATION AREA]

## Sacral Plexus Branches

- **L4 - S3 Sciatic Nerve** Tibial and Common Fibular divisions.
- **S2 - S4 Pudendal Nerve** Primary nerve of the perineum and pelvic floor.
- **L4 - S1 Superior Gluteal Nerve** Innervates Gluteus Medius and Minimus.
- **L5 - S2 Inferior Gluteal Nerve** Innervates Gluteus Maximus.

## Pelvic Floor Musculature

- **Levator Ani Group** Puborectalis, Pubococcygeus, Iliococcygeus.
- **Coccygeus** Forms the posterior portion of pelvic diaphragm.
- **Obturator Internus** Lateral wall of the lesser pelvis.
- **Piriformis** Posterosuperior wall; landmark for plexus.

Reference Chart: L4, L5, S1, S2, S3, S4 Nerve Roots