

SUPERFICIAL PELVIC FLOOR ANATOMY

[Anatomical Illustration of Urogenital Triangle]

Â† □ BULBOSPONGIOSUS

Â† □ ISCHIOCAVERNOSUS

Â† □ SUPERFICIAL TRANSVERSE PERINEAL

Â† □ EXTERNAL ANAL SPHINCTER

MUSCLE	FUNCTION	INNERVATION
Bulbospongiosus	Supports pelvic floor; assists in erection and ejaculation/vaginal contraction.	Pudendal Nerve
Ischiocavernosus	Maintains erection of clitoris or penis by compressing outflow veins.	Pudendal Nerve
Superficial Transverse Perineal	Fixes and stabilizes the central tendon (perineal body).	Pudendal Nerve
External Anal Sphincter	Keeps the anal canal and anus closed; voluntary control of defecation.	Inferior Anal Nerve

Clinical Reference Chart â€¢ Superficial Perineal Pouch â€¢ Not for Medical Diagnosis