

SEASONAL RECIPE AVAILABILITY

Year: _____ Region/Zone: _____ Category: _____

RECIPE NAME / KEY INGREDIENTS	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV
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Wild Garlic &
Asparagus
Risotto

Heirloom
Tomato & Basil
Tart

Legend:  Peak Season |  Available/Preserved | Empty: Out of Season